

Back to School Checklist for School Nurses

Asthma and Life-Threatening Allergies



ASTHMA

Before School Begins:

- Identify students with asthma
- Set up medication system to include inhaled medications
- Meet with parents as needed to obtain:
 - Medication orders
 - Medication
 - Asthma Action Plan
- Communicate with the student's teachers and school staff about the student's health needs
- Review asthma symptoms, daily management concerns and emergency procedures with school staff
 - Post asthma signs and symptoms in classrooms
 - Provide staff with education as needed

When School Starts:

- Touch base with students with asthma to discuss asthma management at school
 - Assess ability for self-care and self-medication
- Obtain medications, medication orders and Asthma Action Plans if not previously completed
- Track expiration dates for medications
- Write Individualized Healthcare Plan for student as needed

LIFE-THREATENING ALLERGIES

Before School Begins:

- Identify students with asthma
- Set up medication system to include inhaled medications
- Meet with parents as needed to obtain:
 - Medication orders
 - Medication
 - Asthma Action Plan
- Communicate with the student's teachers and school staff about the student's health needs
- Review asthma symptoms, daily management concerns and emergency procedures with school staff
 - Post asthma signs and symptoms in classrooms
 - Provide staff with education as needed

When School Starts:

- Touch base with students with asthma to discuss asthma management at school
 - Assess ability for self-care and self-medication
- Obtain medications, medication orders and Asthma Action Plans if not previously completed
- Track expiration dates for medications
- Write Individualized Healthcare Plan for student as needed